

March 2014

LAWTON BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 FAT FREE MILK HOT BACON/EGG/CHEESE ON A WHOLE GRAIN BUN FRUIT CUP 100% FRUIT JUICE	4 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE	5 FAT FREE MILK BANANA NUT MUFFIN FRESH APPLE SLICES 100% FRUIT JUICE	6 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE	7 FAT FREE MILK APPLE CINNAMON MUFFIN STRING CHEESE 100% FRUIT JUICE
10 FAT FREE MILK HOT HAM/ EGG AND CHEESE SERVED ON A A WHOLE GRAIN ENGLISH MUFFIN	11 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE	12 FAT FREE MILK APPLE CINNAMON MUFFIN STRING CHEESE 100% FRUIT JUICE	13 FAT FREE MILK FRENCH TOAST STICKS APPLESAUCE CUP 100% FRUIT JUICE	14 FAT FREE MILK BANANA NUT MUFFIN FRESH APPLE SLICES 100% FRUIT JUICE
17 FAT FREE MILK HOT BACON/EGG/CHEESE ON A WHOLE GRAIN BUN FRUIT CUP 100% FRUIT JUICE	18 FAT FREE MILK YOGURT WHOLE GRAIN CRACKERS FRUIT CUP 100% FRUIT JUICE	19 FAT FREE MILK BANANA NUT MUFFIN FRESH APPLE SLICES 100% FRUIT JUICE	20 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE	21 FAT FREE MILK APPLE CINNAMON MUFFIN STRING CHEESE 100% FRUIT JUICE
24 FAT FREE MILK HOT HAM/ EGG AND CHEESE SERVED ON A A WHOLE GRAIN ENGLISH MUFFIN	25 FAT FREE MILK WHOLE GRAIN PANCAKES ORANGE WEDGES 100 % FRUIT JUICE	26 FAT FREE MILK APPLE CINNAMON MUFFIN STRING CHEESE 100% FRUIT JUICE	27 FAT FREE MILK FRENCH TOAST STICKS APPLESAUCE CUP 100% FRUIT JUICE	28 FAT FREE MILK BANANA NUT MUFFIN FRESH APPLE SLICES 100% FRUIT JUICE
31 FAT FREE MILK HOT BACON/EGG/CHEESE ON A WHOLE GRAIN BUN FRUIT CUP 100% FRUIT JUICE				USDA is an equal opportunity provider and employer"

News

**BREAKFAST IS
SERVED
EVERYDAY IN ALL
THREE SCHOOL
BUILDINGS FOR
JUST \$ 1.50 OR
.30 FOR
REDUCED.**

**ANYONE WHO
QUALIFIES FOR
FREE AND
REDUCED LUNCH
ALSO RECEIVES
FREE AND
REDUCED
BREAKFAST!!!!**